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SHAHNAZ HUSAIN
cityfirst@firstindia.co.in

Tips and tricks to get beautiful eyes by the legendary beauty expert, Shahnaz Husain

The eye is the jewel of the body and your windows to the world. Who doesn't want big, bold, beautiful eyes? All eye shapes are simply mesmerizing, don't get me wrong. Eyes are one of the most prominent features on our face, and women often go to great lengths to have beautiful eyes, to improve their overall appearance.

The key to younger eyes is by pampering them with colorful eyeliner, the right shade of concealer and swipe of mascara two or three times a day. Eyes that are bigger, usually appear to make you look younger and

awake. Bold, thick, and beautiful brows bring attention to the eyes. There are many ways to enhance your eyes naturally. This begins with a good skincare routine and staying healthy.

Lack of sleep and overutilisation of eyes on the computer, mobile and electronic gadgets causes dark eye bags, puffiness, droopy, and lifeless. The golden rule to keep the charm of intact is to drink 8 glasses of water daily and sleep 8 hours at night to let the skin repair and restore on its own. Doing so would

TO PLAY DOWN PROMINENT EYES: Apply a dark shadow over the entire lid and the highlighter (light or white colour) on the brow bone.

TO WIDEN CLOSE-SET EYES: Apply dark shadow on the outer side, starting from the center and going outwards and slightly beyond the outer corners. Eyeliner or eye pencil should also start from the center of the upper lid and go outwards.

TO LIFT DROOPY EYES: Apply the dark shadow in the socket and stop just before the corner, where eyes begin to droop.

TO PLAY DOWN WIDE-SET EYES: Apply eyeliner or eye pencil from the inner corner, going outwards, along the entire length.

TO PLAY DOWN SUNKEN/DEEP-SET EYES: Apply light shadow over the eyelid and a darker one on the brow bone, to bring the eyes forward.

also keep a check on the dark circle. Minimise salt intake, as excessive salt intake leads to swollen eyes and swollen face. Water will always find its way from parts of your body that are low in sodium to those that have the most. Engage in regular eye exercises in the morning

and evening daily. Drink hot water with lemon in the morning to flush out the toxins from your body and leave you feeling hydrated.

Mentioned in the box are some of the tips for eye make-up. See what suits you and try it out several times at home. Never try a new make-up for the first time when you have

to go out. One learns from trial and error. Also, practice makes perfect! Confidence is the real secret to all beauty. You can feel beautiful without eye makeup! Just be confident in your own skin and give it a try.

